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Health Management

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In 2008, Inverness acquired separate businesses Alere Medical, ParadigmHealth and Matria Healthcare. The three have united under one name, Alere to offer unparalleled health management services.

We believe many individuals experience a moment of awareness that inspires them to make health a priority. Our goal is to be there at that moment. We strive to empower participants in our programs and physicians so that they can work together towards achieving better health.

Our expert-designed programs:

- Embrace the entire lifespan, from pre-cradle to end-of-life, and all health states, from wellness to prevention to complex care
- Provide health coaches who engage and motivate participants during teachable moments
- Help participants improve their health by supporting their individual health goals
- Bring greater clarity to healthcare with empowering technologies that lead to better outcomes
- Offer 2,200+ healthcare professionals who share a passion for excellence in everything we do

We believe that if each of us takes charge of our own health at home, we can build a stronger culture of healthcare, one person, and one touch at a time.

The key programs:

Wellness

Wellness Solutions is a suite of integrated wellness programs and resources designed to help an organization reduce health risks and improve the health and productivity of its employees while reducing its healthcare-related costs. Wellness programs include the Health and Productivity Assessment (HPA), Healthy Living Programs (HLPs), the Health Portal and Personal Health Record, Health Coaching and MaternaLink Risk Screenings.

Care

The Alere Disease Management Program provides technology-enabled, evidence-based solutions for managing chronic and high-cost conditions, improving productivity and reducing healthcare costs. Alere offers two models of care: the more inclusive Total Population Health Management (TPHM) program for low, medium- or high-risk participants, and a High-Risk program that focuses only on the highest-risk members of an employee population.

The key difference between the two models is the use of the Alere DayLink® Monitor in the High-Risk program. It is a biometric measurement device that records a participant's weight and answers to pre-programmed questions regarding their symptoms. This information is gathered daily and sent to our clinicians for review.

Whether a company needs a more inclusive TPHM program for its entire population or a more focused care model for the most at risk members of its population, our consultants work with the company to determine which model best meets the needs of its overall business strategy.

Oncology

The Alere Oncology Program is the most comprehensive, experienced and long-running cancer management programs in the nation, managing 122 cancer types, covering more than 8 million lives and effectively managing more than 50,000 participants.

Cancer continues to challenge employers and health plans as they search for tools to compassionately manage this condition among their population in the most cost-effective manner. By incorporating "best of breed" practices and coordinating with physicians and participants, Alere provides an integrated solution to proactively manage this expensive and debilitating disease.

Women's & Children's Health

Alere's Women's and Children's Health division delivers a total spectrum of obstetrical care services, ranging from a risk assessment to identify women at risk for preterm birth to a neonatal program for early infant care management. In between are home-based obstetrical programs to manage and monitor pregnant women who have medical or pregnancy-related problems that could harm their pregnancies.

Alere delivers telephonic and home-based nursing services that support physician and patient goals. We have developed and refined our services over the years to accommodate physician plans of care. We focus on patient assessment of subjective as well as objective clinical data and education. All programs offer the following:

- Complete medical/surgical history to identify factors impacting pregnancy
- Nutritional risk assessment with guidelines for proper weight gain and dietary intake
- Environmental assessment to define plans to handle identified deficiencies
- Plans for emergency situations
- Discharge planning instruction covering labor, delivery and infant feeding
- 24/7 on-call professional staff
- Full-time obstetrical pharmacy staff and ongoing medication profile review
- Physician-ordered interventions as needed when patient exceeds established thresholds

With Alere, patients improve pregnancy outcomes while receiving the optimum level of care in their homes.

For more information please visit www.alere.com